

Weights & Grading for the 2020 Season

Wellington Junior Club Rugby is a skills development programme where children can thrive in an environment of fun, learning and the challenge of fair and even competition.

The age/weight policy and modified rules are designed to allow children to play rugby with other children of similar age, weight and ability in the safest environment possible.

The WRFU or any member thereof, has the authority to immediately suspend any player, coach, administrator or team if they are found to be in breach of any of its rules, procedures, policies or codes of conduct.

The following weights are set by the Wellington Rugby Football Union in consultation with Club Junior Convenors and the Junior Rugby Advisory Board. Individual clubs, committees, administrators or coaches have NO authority to alter these weights or make any kind of dispensation.

- Players must weigh LESS THAN the weight shown
- Wellington Rugby Union does NOT condone players being encouraged or advised to lose weight through dieting, changes in eating habits or the practice of 'sweating' in order to meet weight limits

U8-U13 have a compulsory set weigh-in day at the beginning of the playing season (within the first 3 weeks). Regardless of when a player first registers for the current playing season they must weigh less than the maximum weight for their age at the official weigh-in as per the table below.

TO USE THIS WEIGHTS & GRADE CHART:

Find your child's year of birth, follow along the same section and line up your child's current weight and subsequent grade.

DO NOT move into another section with a different year of birth – all grades applicable to a child's age are within the same section.

Year of Birth	Official Weight At Junior Rugby Weigh-in Days	Grade	Criteria for Club Approved Dispensations
2014 Age 5 at 1 Jan 2020	Non-tackle, no weight limit	Under 6	If player is approaching 29kg consider U7
2013 Age 6 at 1 Jan 2020	Non-tackle, no weight limit	Under 7	If player is approaching 31kg consider U8
2012 Age 7 at 1 Jan 2020	Under 33kg	Under 8	Under 24kg optional Dispensation to Under 7
	33kg or more	Under 9	
2011 Age 8 at 1 Jan 2020	Under 38 kg	Under 9	Under 27kg optional Dispensation to Under 8
	38kg or more but under 54kg	Under 10	
	54kg or more	Under 11	If player is born after 1 st September 2011, they play in U10 if over 54kg subject to GPR1 Policy
2010 Age 9 at 1 Jan 2020	Under 43kg	Under 10	Under 30kg optional Dispensation to Under 9
	43kg or more but under 60kg	Under 11	
	60kg or more	Under 12	If player is born after 1 st September 2010, they play in U11 if over 60kg subject to GPR1 Policy
2009 Age 10 at 1 Jan 2020	Under 50kg	Under 11	Under 35kg optional Dispensation to Under 10
	50kg or more but under 65kg	Under 12	
	65kg or more	Under 13	If player is born after 1 st September 2009, they play in U12 if over 65kg subject to GPR1 Policy
2008 Age 11 at 1 Jan 2020	Under 57kg	Under 12	Under 40kg optional Dispensation to Under 11
	57kg or more	Under 13	
2007 Age 12 at 1 Jan 2020	Open Weight Grade	Under 13	Under 46kg optional Dispensation to Under 12