

PRIMARY SCHOOLS DUATHLON INFORMATION

DATE: Monday 23 March 2020.

ENTRIES: Entries close 5pm Thursday 12 March.

TIME: **Reporting time 9.15am for participants and marshals in the carpark.**
The race briefing will commence immediately after reporting at 9.15am.
The first race will commence as soon as possible after the race briefing.
It is unlikely that any competitors who report late and who miss the briefing will be accepted for racing. Bikes must be left in transition until **all** competitors in all year groups have finished their races.

VENUE: Ruapuna Raceway (Mike Pero Motorsport Park)

CANCELLATION: Check our website for cancellations: www.primarysports Canterbury.org.nz
The SportCheck cancellation text messaging service is also available to those who have signed up. There is no cancellation date. We will not cancel unless the weather conditions are extreme.

ENTRY RESTRICTIONS:

Schools may enter up to **four** students in total in each year group if the school roll is less than 400, **six** students in total in each year group if the school roll is between 400 and 500, **eight** students if the school roll is between 500 and 600 and **ten** students if the roll is over 600. This may consist of any combination of each gender, (i.e. if you can enter 4 students, it is 4 in total, **not 4 girls and 4 boys**). Entries will only be accepted via online entry.

Each school must also provide a marshal during the race, plus help with either set up from 8am, or clean up after all races are finished at approximately 1.30pm.

Please be aware of the costs for the use of transponders. Schools may incur the cost if athletes do not turn up.

RACE DETAILS AND YEAR GROUPINGS:

Competition is in school year groupings for both girls and boys.
Children must be in year 5 or over.

Year 5	Run 2km, bike 6km, run 1km	Boys start 10.20am, girls start 10.25am
Year 6	Run 2km, bike 6km, run 1km	Boys start 9.45am, girls start 9.50am
Year 7	Run 2km, bike 9km, run 1km	Boys start 11.50am, girls 11.55am
Year 8	Run 2km, bike 9km, run 1km	Boys start 11.05am, girls 11.10am

Individuals only - entrants must complete all 3 stages (ie there are no teams' events).
The event will consist of 8 races – ie one race for each year group and each gender within these 4 year groups. Entrants will enter in a year group and certificates will be presented for the first three places.

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RACE RULES

1. Cycle helmets approved to Snell, ANSI or NZ Standards must be worn and done up at all times when competitors are in charge of their bike.
2. No drafting is allowed during the bike. This means there needs to be a gap of 3 bike lengths (7m) between riders.
3. No aero bars should be used.
4. Assistance other than from race officials and medical personnel will result in a disqualification.
5. Race officials and medical personnel have the right to remove competitors from the race.
6. All road rules and marshal's instructions must be observed. The course will be marked and marshalled. A bike will follow the last runner.
7. No drinks are to be given during the race.
8. No bikes are to be removed from the transition area until the last race is completed. This could result in disqualification.
9. No video cameras or cameras are allowed in the transition area.
10. Competitors enter at their own risk.
11. The Race Director's decision is final.
12. ALL COMPETITORS MUST REPORT IN WHEN MARSHALLED AND ATTEND THE RACE BRIEFING.

OFFICIAL DUTIES:

All schools that enter competitors are required to allocate one person for official duties. These people must be named on the official entry form, **and schools' marshals will need to choose one of two categories for assistance – before, or after the races. In addition to this, all marshals will be required to be available for duties during the races.** Entries may be in jeopardy if this is not completed. Should a person be unable to fulfil their obligation on the day then it is up to the school to ensure a replacement is made and notified to the Sports Director. It is not possible to run the event without official staffing. However as all the preliminary work is done from the Sports Director's Office no teacher release payments will be made.

Depending on the number of entries, we may need to send children off in waves within a race. The official placings will be posted on the website as soon after the event as possible – probably by the day following the event.