With 9...

FIELDING

Have the bench as a fielding position so as you rotate someone sits out each over

BATTING:

There are a number of ways you can do it but the fairest is that the 2nd to last partnership gets only 3 overs of batting (opposed to 4)

The last person bats for 6 balls and faces all deliveries

- Last player must be rotated... Last person to the ground plays 9th etc?

BOWLING

2 bowlers only bowl one over