

# Coach Evolve Programme Information



## About Coach Evolve

Coach Evolve is a generic Auckland-wide, values-based coach development programme for active [Development Coaches](#) working in clubs, schools and the community from a range of sports. It aims to give coaches the latest knowledge, skills and confidence to be able to deliver life-changing experiences every time they coach.

By the end of Coach Evolve, coaches will be able to deliver fun, safe, effective and inspirational coaching experiences for their athletes.

This will be achieved by coaches:

- Learning how to live a values-based coaching approach
- Growing their personal coaching strengths and building their profile
- Receiving feedback to improve their coaching processes and styles
- Exploring strategies on how to connect with athletes and cater for different abilities
- Using coaching tools to expand their coaching repertoire

## The Programme

Coach Evolve is structured around four regional workshops and four local group forums. Over the year coaches take part in a mix of presentations, discussions, practical sessions, individual and group feedback and opportunities for self-reflection to allow coaches to put existing and new coaching skills into practice. Coaches are invited to join an online group that provides additional resources and other valuable coaching information. Coaches can also discuss their experiences, provide support to each other and celebrate their achievements within the online group.

*"I thoroughly enjoyed all of the workshops and took different things away from all of them. I now have a better understanding of how values lead to behaviours for myself and my athletes and how to create environments which accelerate skill development and personal growth. It was great to be able to discuss all things coaching with like-minded people."*

- Coach Evolve, 2017

## How to Apply

Interested coaches can apply for a place on Coach Evolve by filling in the online [Expression of Interest form](#).

## Selection Criteria

Final programme selection will include a combination of coaches from team and individual sports, as well as ensuring an appropriate mix of gender and ethnic diversity. Strong consideration will be given to those that work within the identified local participation communities and with the following target groups; Young Girls 11-18 years, Māori, Pacific Island and Indian ethnicities. It is expected that coaches will be currently active in the development and support of athletes in the Development Coaching Community. Coaches will also need to be endorsed and supported by their respective Regional Sport Organisation or equivalent. This is simply an acknowledgement that the supporting organisation has recognised that the coach is currently coaching at the development stage.



## Programme Calendar 2018

Event	<u>Workshop 1</u> <b>'Finding your greatness as a coach'</b>	<u>Forum 1*</u> <b>'Finding your greatness as a coach'</b>	<u>Workshop 2</u> <b>'Being a leader worth following'</b>	<u>Forum 2*</u> <b>'Being a leader worth following'</b>
<b>Date</b>	Sunday 25 March	Monday 9 April	Sunday 20 May	Monday 28 May
<b>Time</b>	9.30am – 12.30pm	6.30pm – 8.30pm	9.30am – 12.30pm	6.30pm – 8.30pm
<b>Location(s)</b>	Alexandra Park Function Centre Level 4, Gate B Greenlane West Epsom	Harbour Sport Sport Waitakere Sport Auckland CLM – Counties Manukau	Alexandra Park Function Centre Level 4, Gate B Greenlane West Epsom	Harbour Sport Sport Waitakere Sport Auckland CLM – Counties Manukau
<b>Topics covered</b>	Understanding yourself  Developing yourself  Values-based coaching  The essential coaching skills	Practical opportunity for coaches to connect, expand key workshop themes, provide mutual support and share ideas / reflections in a relaxed environment	What makes a great coach?  Leading sessions with purpose  Creating coaching magic  Catering for different personalities	Practical opportunity for coaches to connect, expand key workshop themes, provide mutual support and share ideas / reflections in a relaxed environment

Event	<u>Workshop 3</u> <b>'Effective coaching of today's athletes'</b>	<u>Forum 3*</u> <b>'Effective coaching of today's athletes'</b>	<u>Workshop 4</u> <b>'Winning on the scoreboard and beyond'</b>	<u>Forum 4*</u> <b>'Winning on the scoreboard and beyond'</b>
<b>Date</b>	Sunday 24 June	Monday 2 July	Sunday 26 August	Monday 10 September
<b>Time</b>	9.30am – 12.30pm	6.30pm – 8.30pm	9.30am – 12.30pm	6.30pm – 8.30pm
<b>Location(s)</b>	Alexandra Park Function Centre Level 4, Gate B Greenlane West Epsom	Harbour Sport Sport Waitakere Sport Auckland CLM – Counties Manukau	Alexandra Park Function Centre Level 4, Gate B Greenlane West Epsom	Harbour Sport Sport Waitakere Sport Auckland CLM – Counties Manukau
<b>Topics covered</b>	Understanding athlete development  Using technology as a tool How to modify and progress sessions  Ways to motivate different athletes	Practical opportunity for coaches to connect, expand key workshop themes, provide mutual support and share ideas / reflections in a relaxed environment	What skill really looks like  Coaching the 6 stages of development  Helping athletes to win in the long run	Practical opportunity for coaches to connect, expand key workshop themes, provide mutual support and share ideas / reflections in a relaxed environment

\*Timing of the regional forums may differ

## Contact Details

If you would like more information, please contact:

### **Luke Morriss: Aktive Coaching & Talent Development Manager**

Luke leads the Coaching and Talent Development Team for Aktive - Auckland Sport & Recreation and holds several tertiary qualifications. He has a background of work in National Sport Organisations, where he has been the Coaching & Development Director at Squash New Zealand and the all-encompassing Director at Boccia New Zealand. Luke has experience coaching basketball and swimming at the community level and has attended three Paralympic Games (Athens, Beijing and London) as a spectator, coach-assistant and event manager.

**E:** luke.morriss@aktive.org.nz

**P:** 022 010 4532

Level 2, Coach Development Centre, AUT Millennium, 17 Antares Place, Rosedale

### **Calvin Buttimore: Harbour Sport Community Coaching Advisor**

Calvin studied at the University of Otago, double majoring in teaching, coaching and training and sport management. Calvin has experience coaching various sports at the community and development level: rugby, swimming, badminton, gymnastics; and has experience instructing yoga and group fitness. Calvin's major coaching experience lies within volleyball and beach volleyball where he coaches North Harbour representative teams and the New Zealand U17 boy's development squad. He also taught Physical Education in a secondary school in the United Kingdom, as well as coached beach volleyball in Italy in 2017.

**E:** coach@harboursport.co.nz

**P:** 029 295 0029

Sports House, Stadium Drive, Albany

### **Dan Keepa: Sport Waitakere Community Coaching Advisor**

Dan has been in the sporting circles for most of his life. Although he has coached touch, football and rugby, his main passion as a player and coach lies with rugby league. He has worked for both Counties Manukau Rugby League and New Zealand Rugby League as a regional and national coach development manager as well as a talent Junior Talent Identification Coordinator with the Vodafone Warriors. Having coached professionally at both the provincial and national level, Dan has always stuck to the same coaching philosophy of - "it's never about me, it's always about them" - a philosophy he uses in his current role in developing coaches.

**E:** dan.keepa@sportwaitakere.nz

**P:** 021 436 975

Waitemata Rugby Club, 96 Swanson Road, Henderson

### **Mitch Hayde: Sport Auckland Community Coaching Advisor**

Mitch studied commerce and sport management at Lincoln University where he was on the sports scholarship programme. In his chosen sport of hockey Mitch has had a range of experiences playing and coaching at regional and international level; and is currently actively coaching in the development and performance communities. Mitch has been the Sport Auckland Coaching Advisor for almost four years and is extremely passionate about supporting coaches to be the best they can be.

**E:** mitchellh@sportauckland.co.nz

**P:** 027 828 7653

Alexandra Park Function Centre, Level 4, Gate B, Greenlane West, Epsom

### **Jason McIntosh-Kerr: CLM – Counties Manukau Community Coaching Advisor**

Jason's employment experiences include leading a Sport Science and Human Health business, being Manager of an Auckland Rugby Club and five years within a Regional Sports Trust. Jason joins us with a wealth of knowledge and experience around athlete development and coaching in the sports of boxing, athletics and rugby.

**E:** jmk@clmz.co.nz

**P:** 027 615 2973

Papakura Rugby Club, 2 Ron Keat Drive, Papakura

