Regional Athletics Qualifying Standards

The following table contains the qualifying standards for the Wellington Primary and Intermediate Schools Regional Athletics meet. ALL athletes representing each association are to have met or exceeded these times/distances at their Inter-Zone or Association athletics meet as times and distances are the minimum requirement. Updated 18/08/2023.

Track Events:

Event	Year	Boys	Girls
Short Sprint 60m	4 & AWAD	n/a	n/a
Short Sprint 80m	5 & 6	n/a	n/a
Short Sprint 100m	7 & 8	n/a	n/a
Long Sprints 100m	4 & AWAD	n/a	n/a
Long Sprints 150m	5 & 6	n/a	n/a
Long Sprints 200m	7 & 8	n/a	n/a
Distance Races 800m	5	3m 10s	3m 20s
800m	6	3m 00s	3m 15m
1,500m	7	5m 50s	6m 15s
1,500m	8	5m 30s	5m 55s

Field Events:

Event	Year	Boys	Girls
High Jump	4	1.00m	1.00m
*starting jump height,	5	1.05m	1.00m
not qualifying height	6	1.10m	1.05m
	7	1.15m	1.10m
	8	1.20m	1.15m
Long Jump	4	2.70m	2.70m
	5	3.00m	3.00m
	6	3.20m	3.20m
	7	3.30m	3.20m
	8	3.40m	3.30m
Vortex	4	25m	15m
	5	28m	19m
	6	35m	24m
	7	35m	28m
	8	38m	28m
Quoit	4	17m	10m
	5	20m	11m
	6		15m
	U	22m	10111
Discus Yr 7 B & G 750gm	7	15m	10m
Discus Yr 8 G 750mg, Yr 8 B 1kg	8	20m	12.5m
Shot Put Yr 7 B & G 3kg	7	7m	6m
Shot Put Yr 8 G 3kg, Yr 8 B 4kg	8	8m	7.20m