



NZPF National Championships Qualifying Totals - Special Olympics Athletes (Raw / Classic)

3-Lift Qualifying Totals

Male	53kg	59kg	66kg	74kg	83kg	93kg	105kg	120kg	120kg+
All Age Groups	240	267.5	297.5	315	360	377.5	397.5	417.5	430

Female	43kg	47kg	52kg	57kg	63kg	69kg	76kg	84kg	84kg+
All Age Groups	137.5	160	182.5	205	220	230	240	252.5	265

Bench-Only Qualifying Totals

Male	53kg	59kg	66kg	74kg	83kg	93kg	105kg	120kg	120kg+
All Age Groups	57.5	67.5	72.5	82.5	87.5	95	107.5	115	120

Female	43kg	47kg	52kg	57kg	63kg	69kg	76kg	84kg	84kg+
All Age Groups	27.5	30	35	37.5	40	42.5	47.5	50	57.5



NZPF National Championships Qualifying Totals - Special Olympics Athletes (Equipment Optional)

3-Lift Qualifying Totals

Male	53kg	59kg	66kg	74kg	83kg	93kg	105kg	120kg	120kg+
All Age Groups	282.5	315	352.5	367.5	422.5	445	467.5	490	507.5

Female	43kg	47kg	52kg	57kg	63kg	69kg	76kg	84kg	84kg+
All Age Groups	162.5	187.5	215	242.5	260	270	282.5	297.5	310

Bench-Only Qualifying Totals

Male	53kg	59kg	66kg	74kg	83kg	93kg	105kg	120kg	120kg+
All Age Groups	67.5	80	85	95	105	112.5	127.5	135	142.5

Female	43kg	47kg	52kg	57kg	63kg	69kg	76kg	84kg	84kg+
All Age Groups	35	37.5	42.5	45	47.5	50	55	60	65