Year 5 & 6 Cross Country Course

Complete one full lap of Sladden Park (as per the Year 4 course) back to the start.
Run under the rail bridge and follow the track along the river-side.
After the third large clump of bushes, turn left, up to the sealed path.
Follow the sealed path until the dirt path. Turn right and go under the rail bridge.
Turn right and follow the course on Sladden Park to the finish
Approximate Distance = 2,000 metres