

Macalister-Liardet Park Cross Country Courses 2023

Year 4 & AWS Athletes: Once around yellow course

Year 5 & 6: Start around yellow course and join purple course until it rejoins the yellow one. Then follow yellow to finish.

Year 7 & 8: Start around yellow course and join purple course. Follow teal link to join purple course for a second lap. Then rejoin yellow course after second time around the purple and follow the yellow to the finish.