

#### 14-17 YR VOLLEYBALL PROGRAMME DESIGN FOR VOLLEYBALL NEW ZEALAND

# Youth Programme



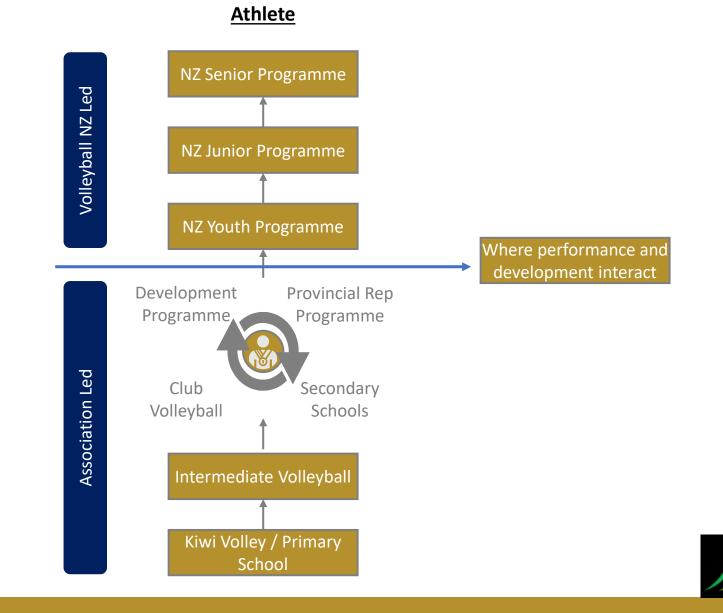
# Vision

# Beginning step to a life-long involvement in Volleyball

### **Volleyball New Zealand Player Pathway**



frequency



# Why a change?

Selection vs Deselection
Narrowing focus too early
False sense of ability

4. Financially unsustainable



# Youth Programme Pillars

- 1. Fun/ Enjoyment
- 2. Continuous Improvement
- 3. Connections



## Youth Programme structure

- Open to all
- U17/U18 pre cursor to Junior programme
- Zonal & National delivery model



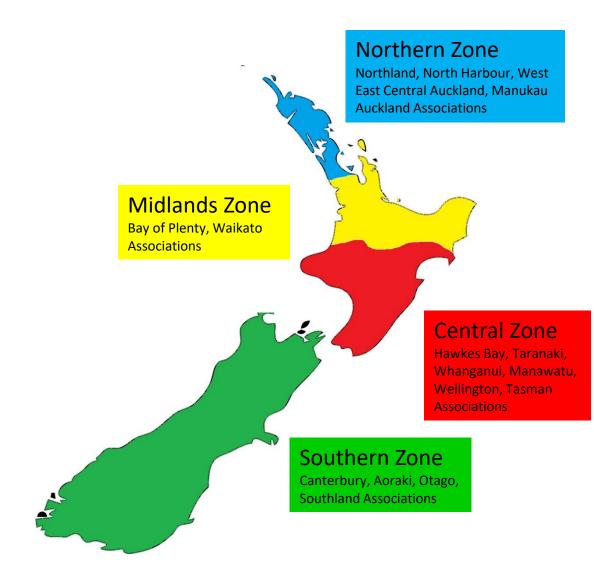
# Points of difference

- Create environments where athletes from different regions can interact, connect and compete with each other
- Skill development and tactical development aligned to international best practice
- Building a foundation in strength and conditioning, nutrition and mental skills
- Creating a more aspirational path towards representing New Zealand at the senior level by including Volley Ferns/ Volley Blacks/ Beach Ferns and Beach Blacks representatives at each camp.
- Creating a challenging yet safe environment so players get hooked on being better at volleyball, and want to stay involved at high performance level.
- The zonal and regional camps will be linked, and will build on each other. All camps will have a competitive energy, with teams created to compete in numerous game based situations



# Zonal Camp Delivery\*

- Northern zone
  - Indoor: Auckland
  - Beach: Auckland
- Midlands zone
  - Indoor: Tauranga
  - Beach: Tauranga
- Central zone:
  - Indoor: Wellington
  - Beach: Nelson
- Southern zone:
  - Indoor: Christchurch
  - Beach: Christchurch



\* All locations TBC



# National Camp Delivery

- Beach Mt Maunganui
- Indoor Auckland

