



6-50 pm	100m Hurdles, 80m Hurdles Entries by 6-40 pm
7-00pm	60 m Shot
7-10 pm	Long Jump
7-15 pm	2 K Road Race
7-25 pm	300m
7-35 pm	600m
7-40 pm	150 m
7-50 pm	Swedish Relay (100 m, 300m, 200m, 400m) Make up your Teams.

- Note only fully registered members can compete in MWA Events.
- Club events are available as normal and are labelled Club.

6-40pm	2000m Steeple Chase Women and Boys u16 MWA + Club
6-50 pm	2000m Steeplechase Men MWA + Club
7-00 pm	100m Men MWA Shot Men and Women MWA
7-10 pm	100 m Women MWA
7-15 pm	Triple Jump Men and Women MWA*
7-05 pm	100m Club
7-15 pm	Vortex Y7 and 8
7-20 pm	400m MWA Men
7-30 pm	400m MWA Women
7-40 pm	400m Club
7-50 pm	1500m MWA Females
8-00 pm	1500m MWA Males
8-05 pm	1500m Club Note these may be combined with MWA and all Females should report with MWA events by gender

**Note that except for Vortex Field events are MWA only.**

*There will be a bus to MWA week 2 in Palmerston North supported by the Club.  
3-50 pm from Whanganui Collegiate and Cooks Gardens at 4-00 pm Cost \$5*