

## Term 4 (2019) Training Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>U14 Girls</b>	6.30-7.30pm		6.00-8.00pm			
<b>U14 Boys</b>	7.30-8.30pm		7.30-9.30pm			
<b>Seniors</b>					7.00-9.30pm	

Registered participants will be involved in Under 14 Technical Skills Programme on Thursdays and Under 12 Transition Programme on some Fridays and Saturdays