Year 4 Cross Country

Start on the river side of Sladden Park, at the corner of the soccer field

Run around the outside of the soccer field, left along the path

Turn left along the top of the ridge. Turn at the tree and run through the finish area, through the tree-line

Turn left and go around the three pine trees. Run through the start area.

Complete another part lap, following the same course, ending at the finish.

Approximate distance = 1100 metres