



# ***NORTHLAND RUGBY UNION***

## Position Description

<b>Position Title</b>	Northland Mitre 10 Cup Physiotherapist
<b>Reports to</b>	Northland Mitre 10 Head Coach Rugby Manager
<b>Position Type</b>	Fixed Term Contractor
<b>Term</b>	March 16th 2020 to October 31st 2020

### Purpose of the role:

- To ensure that the Northland Mitre 10 Cup Team is a successful winning team
- To impact positively on the Northland Mitre 10 Cup team's performance by maximising player's ability to train consistently and minimise the risk of injury associated with high volume/intensity training
- To provide and deliver physiotherapy services for the Northland Mitre 10 Cup team

<b>Key Outcome Areas</b>	<b>Performance Measures</b>
<b>Physiotherapy Services</b>	<ul style="list-style-type: none"><li>• In conjunction with other members of the Northland management, ensure that the following tasks are undertaken on behalf of the team:<ul style="list-style-type: none"><li>○ Develop and supervise individualised prehabilitation programmes. Specifically including:<ul style="list-style-type: none"><li>▪ Screening for and identification of key injury concerns</li><li>▪ Design and implement rehab/injury prevention programmes in response to these concerns</li></ul></li><li>○ Provide appropriate physiotherapy support and injury management advice to Northland High Performance and Mitre 10 Cup players domestically and in overseas competition;</li><li>○ Develop a coordinated and integrated approach to player injury management with a focus on the integration of players back into squad-based activities;</li><li>○ Develop a best practice recovery protocol for use by the team whilst assembled for training or playing;</li><li>○ Coordinate and manage the provision of massage therapy services for players at all domestic assemblies across the season;</li></ul></li></ul>

	<ul style="list-style-type: none"> <li>○ Attend all team training sessions and matches and to order and have available for all training sessions and matches involving the team strapping, tape and protective equipment as may be required;</li> <li>○ Advise the Northland coaches on players injury and/or rehabilitation status relative to training and competition;</li> <li>○ Work with the Team Doctor support staff and others as appropriate to develop innovative and evidence-based strategies on physiotherapy including development, implementation, and monitoring of effective practice;</li> </ul>
<b>Regional coordination role</b>	<ul style="list-style-type: none"> <li>● Develop key relationships with regional physiotherapists as appropriate to provide a co-ordinate approach to the players treatment needs within their regions; and</li> <li>● Provide accurate protocols and systems to ensure the physiotherapy delivery between national and regional is consistent.</li> </ul>
<b>Reporting and Communication</b>	<ul style="list-style-type: none"> <li>● Maintain accurate records of all injuries, treatment and injury surveillance data for Northland High Performance and Mitre 10 Cup players;</li> <li>● Maintain comprehensive electronic notes of all players' medical records on RugbyMed and Zed; and record all new injuries in RugbyMed and Zed; noting, that in association with the Team Doctor: <ul style="list-style-type: none"> <li>○ update all Team players' medical records with "open" or "treatment only" injuries on RugbyMed on at least a weekly basis, or more frequently if clinically appropriate;</li> <li>○ record all new injuries in RugbyMed; and</li> <li>○ maintain in RugbyMed medical records of a professional standard such as the Physiotherapist would keep in their own practice</li> </ul> </li> <li>● Participate and complete the required reports for the World Rugby Injury Surveillance Study for all test matches as required and assist in growing the research understanding of the injury demands of International rugby;</li> <li>● Actively participate in regular case management meetings around medical and performance status;</li> <li>● Communicate effectively with, PU Hub medical service providers to share information on players and promote continuity of physiotherapy care;</li> </ul>

	<ul style="list-style-type: none"> <li>• Manage the Northland physiotherapy budget, accurately maintaining electronic records for all aspects to do with medical services, ordering of supplies and equipment, including massage services; and</li> <li>• Liaise with NZR Health, Safety and Manager to ensure that programme delivery is in alignment with NZR medical expectations.</li> <li>• Attend seminars and briefing sessions as may be arranged or organised by NZR at which NZR considers attendance to be desirable; and</li> <li>• In conjunction with the Team Strength and Conditioning Coach and Team Doctor, complete an 'End of Season Medical/Fitness Report' for each player, outlining their medical status and ongoing needs, for use by their Provincial Unions following the completion of the campaign.</li> <li>• Participate in a post-campaign review of the Northland season and the performance of the services set out in this Schedule.</li> </ul>
<p><b>ACC requirements</b></p>	<ul style="list-style-type: none"> <li>• Treat as a work injury for ACC purposes, any injury suffered by any player who is a contracted employee of NRU, either during or outside the period of the team assembly, and make any claim for any work injury treatments to NRU Claims Administrator via RugbyMed (NRU will provide a list of any contracted players in the team);</li> <li>• Treat as a non-work injury for ACC purposes, any injury suffered by any player who is not a contracted employee of NRU, either during or outside the period of the team assembly, and make any claim for any non-work injury treatments to ACC; and</li> <li>• Manage the interaction between identified physiotherapy providers and NRU as required.</li> <li>• Generating corresponding AEP numbers for ACC numbers and communicating these to treating providers</li> <li>• Keeping RugbyMed updated with player injury information if not being entered by treating providers</li> </ul>

	<ul style="list-style-type: none"> <li>• Matters not otherwise documented here concerning the interaction of the NRU Accredited Employer Programme and ACC scheme in respect to the Northland team players as requested.</li> <li>• Not charge a surcharge for any team players treated during the period of team assembly.</li> </ul>
<b>Relationship Management</b>	<ul style="list-style-type: none"> <li>• Develop and foster positive relationships with key Northland staff (Coach, Manager, S&amp;C Coach, Assistant Coaches, Doctor);</li> <li>• Develop and maintain strong relationships with NZR Medical team staff, Provincial Unions, regional hubs and regional providers; and</li> <li>• Build effective relationships with external providers and other business networks to ensure all team requirements are met.</li> </ul>
<b>Team Culture</b>	<ul style="list-style-type: none"> <li>• Be part of establishing a team vision and team values, standards and protocols that fit within the goals of NRU;</li> <li>• Help to ensure that there is a shared understanding and adoption of the team vision, values, standards and protocols by all Team and Team Management members; and</li> <li>• Demonstrate personal credibility, honesty, high integrity, and show an ability to handle pressure and stress appropriately.</li> </ul>

**Key Relationships:**

<b>External</b>	<b>Internal</b>
Medical staff with other rugby organisations Super Rugby Provincial Union Staff Massage staff Suppliers Regional Physiotherapy providers	Northland players and management team NRU Staff Medical administration personnel o NRU Health, Safety and Welfare Manager Other provincial team medical personnel as appropriate