



Kāpiti Fun Kids Off Road Triathlon
Waikanae Swimming Pool,
Ngarara Road, Waikanae



5-7 years	Run: 700 metres	Cycle: 800m	Swim: 33 metres (1 length)
8-10 years	Run: 1.4 km	Cycle: 2.4 km	Swim: 100 metres (3 lengths)
11yrs plus	Run: 2.1 km	Cycle: 4 km	Swim: 166 metres (5 lengths)

Individual \$5 / Team \$10 (circle one)

(For teams, complete one form for each team member)

Grade (circle one): 5-7 yrs or 8-10 yrs or 11 yrs + **Girl / Boy (circle one)**

Participant name: _____

Address: _____

Phone _____ Email: _____

Event Waiver

By registering my child to participate in the Waikanae Kids Triathlon (WKT):

- 1. I confirm that I am authorised to enter my child named below in the WKT and give this waiver personally and on their behalf.*
- 2. I confirm that my child named below is at least five (5) years of age (or will be by the day of the WKT) and that I have disclosed all relevant medical conditions (including allergies) to Kāpiti Running & Tri Club ('the organisers') of the WKT.*
- 3. I agree to comply with the rules and event instructions of the WKT and enter at my child's own risk. Accordingly, I release the organisers from all claims, demands or proceedings arising out of my child's participation in the WKT. I further understand that the organisers take no responsibility for loss of or damage to property arising in connection with the WKT.*
- 4. I understand the ethos of the WKT and confirm that I and my child will adhere to "fair play" at the WKT.*
- 5. I understand that participants must wear closed in shoes for the bike & run legs of the event and an approved safety helmet for the bike leg of the event. I confirm that my child's bike is well maintained and appropriate for use in the event.*
- 6. I agree that any photographs or videos of my child taken during the WKT may be used for media and promotional purposes in connection with the WKT.*

Parent/guardian name: _____

Signed: _____

Date: _____