

## JUNIOR FRAMEWORK – PLAYING FORMATS 2019

### 5 v 5 PLAYING FORMAT (FUN FOOTBALL)

#### Pitch Dimensions

Grade	Game Duration	Ball Size	Pitch Size	Goal Size	Goal Box	Penalty Area	Centre Circle
7th Grade	2 x 20 minute games*	Size 3	min 25 x 20m max 30 x 20m	min 1.8 x 0.9m max 2 x 1m	NO	NO	NO
8th Grade; U8 Girls Only	2 x 20 minute games*	Size 3	min 25 x 20m max 30 x 20m	min 1.8 x 0.9m max 2 x 1m	NO	NO	NO

\*Rotorua 7<sup>th</sup> & 8<sup>th</sup> grade, EBOP 7<sup>th</sup> grade & Thames Valley u9s rotation format 3 x 10 minute games

#### 5 v 5 Specific Rules

Grade	No of players	Recommend squad size	Off Sides	Retreating line	Corners	Goal Kicks	GK	Throw-Ins
7th Grade	5 (no GK)	6 – 8	NO	half-way	NO	YES	NO	NO
8th Grade; U8 Girls Only	5 (no GK)	6 - 8	NO	half-way	NO	YES	NO	NO

### 7 v 7 PLAYING FORMAT (MINI FOOTBALL 9<sup>TH</sup> & 10<sup>TH</sup> Grade)

#### Pitch Dimensions

Grade	Game Duration	Ball Size	Pitch Size	Goal Size	Goal Box	Penalty Area	Centre Circle
9 <sup>th</sup> Grade	2 x 25 minute halves	Size 4	min 45 x 30m max 55 x 35m	min 3.8 x 1.9m max 4 x 2m	NO	8m x 16m	NO
10 <sup>th</sup> Grade; U10 Girls Only	2 x 25 minute halves	Size 4	min 45 x 30m max 55 x 35m	min 3.8 x 1.9m max 4 x 2m	NO	8m x 16m	NO

#### 7 v 7 Specific Rules

Grade	No of players	Recommend squad size	Off Sides	Retreating line	Corners	Goal Kicks	GK	Throw-Ins
9th Grade	7 (inc GK)	8 – 10	YES*	YES	YES	YES	YES	YES
10th Grade; U10 Girls Only	7 (inc GK)	8 - 10	YES*	YES	YES	YES	YES	YES

\* The retreating line is the offside line on attack. Players should **only be penalised for blatant offside** (including goal-tending). Please refer to the '9<sup>th</sup>, 10<sup>th</sup> Grade and U10 Girls Retreating Line Rules' Document for more information.

## 9 v 9 PLAYING FORMAT (MINI FOOTBALL 11<sup>TH</sup> & 12<sup>TH</sup> Grade)

### Pitch Dimensions

Grade	Game Duration	Ball Size	Pitch Size	Goal Size	Goal Box	Penalty Area	Centre Circle
11 <sup>th</sup> Grade	2 x 30 minute halves	Size 4	min 64 x 45m max 70 x 50m	min 4 x 2m max 5 x 2m	NO	10m x 24m	NO
12 <sup>th</sup> Grade; U12 Girls Only	2 x 30 minute halves	Size 4	min 64 x 45m max 70 x 50m	min 4 x 2m max 5 x 2m	NO	10m x 24m	NO

### 9 v 9 Specific Rules

Grade	No of players	Recommend squad size	Off Sides	Retreating line	Corners	Goal Kicks	GK	Throw-Ins
11 <sup>th</sup> Grade	9 (inc GK)	10 – 13	YES	YES	YES	Yes	YES	YES
12 <sup>th</sup> Grade; U12 Girls Only	9 (inc GK)	10- 13	YES	YES	YES	Yes	YES	YES

## YOUTH PLAYING FORMATS

All Federation Youth leagues will play using the formats below. Note: the Waikato U14 Girls and Western BOP U13 Girls league (Saturdays) will operate under the WaiBOP Junior U12 Girls rules – 9 v 9.

The Baywide Junior/Senior Girls league will operate under the 15<sup>th</sup> Grade Age Group.

If playing in a dual banded age group, the playing format is that of the younger age group. Eg in 13<sup>th</sup>/14<sup>th</sup> grade you would use a Size 4 ball, and play 2 x 35 min halves.

Age Group	Playing Format	Game Duration	Ball Size	Pitch Size	Goal Size	Penalty Area	Subs.
13	11v11	2 x 35 min halves	Size 4	min 80 x 45m <i>optimum 82 x 50m</i> max 90 x 55m	min 6.4 x 2.1m <i>optimum 6.4 x 2.1m</i> max 7.3 x 2.4 m	min 32 x 12.8m <i>optimum 32 x 12.8m</i> max 40 x 16.5m	3-5 rolling
14 / U14 Girls	11v11	2 x 35 min halves	Size 5	min 80 x 45m <i>optimum 82 x 50m</i> max 90 x 55m	min 6.4 x 2.1m <i>optimum 6.4 x 2.1 m</i> max 7.3 x 2.4 m	min 32 x 12.8m <i>optimum 32 x 12.8m</i> max 40 x 16.5m	3-5 rolling
15	11v11	2 x 40 min halves	Size 5	min 90 x 55m <i>optimum 90 x 55m</i> max 100 x 60m	Full Sized: 7.3 x 2.4 m	40 x 16.5m	3-5 rolling
16 / U16 Girls	11v11	2 x 40 min halves	Size 5	min 90 x 55m <i>optimum 90 x 55m</i> max 100 x 60m	Full Sized: 7.3 x 2.4 m	40 x 16.5m	3-5 rolling
17+	11v11	2 x 45 min halves	Size 5	min 90 x 55m <i>optimum 100 x 60m</i> max 100 x 65m	Full Sized: 7.3 x 2.4 m	40 x 16.5m	3-5 rolling



# Junior Framework Playing Formats Summary

