



Pukekohe Swimming Club
Franklin Pool and Leisure Centre
29 Franklin Road, Pukekohe
P O Box 60, Pukekohe

Email: pscpresident1@gmail.com

To become a member of PSC please contact our Club President pscpresident1@gmail.com or visit our website.

Established in 1928, Pukekohe Swimming Club continues to produce high achieving swimming athletes. Pukekohe Swimming Club offer youth development training through to high performance programmes.

We are very much a family-oriented swimming club that works hard to get results for the swimmers and the club, with huge support from a dedicated club committee that has only the best interest in the swimmers and their development. Our motto is "it's all about the swimmers", but not just our swimmers, ALL New Zealand swimmers!

We work hard in providing a safe, fun, motivating environment so swimmers can achieve their own goals they work so hard for. Every swimmer is given the assistance required to fulfil their potential, regardless of their level of attainment. We have several high-performance swimmers who have represented New Zealand as well competed at many National Swimming Championships, and individually our swimmers have also won International and National Titles in the Swimming Pool and Open Water events at both a junior and senior level.

Through the structure of the club programmes we will enable the swimmer to reach their own personal goals, be it fitness, learning to dive, or reaching national level competitions. We will coach through the basic fundamentals of swimming, developing a life-long love of the sport. Focusing on good technique from an early age will help us develop national swimmers of an exceptional standard.

Developing a life-long love of the sport is what we strive for with the kids. We focus hard on good technique from an early age which helps us develop national swimmers of an exceptional standard. Here at Pukekohe, swimming fosters social skills necessary for life. Organisation, communication, goal setting, planning, time management, interaction, dealing with pressure, adapting to characters around you etc. And we believe that the young people that persevere with this sport are well-rounded and successful individual's latter on in life.

Pukekohe Swimming Club expects three things from our swimmers which is Participation, Respect and Clean Sport. We expect our swimmers to attend practices (as per the guidelines the coaches set out) and to represent their team at swim meets. We also expect our swimmers to treat their passionate coaches and fellow supportive team mates and other team's swimmers with the utmost respect in and out of the pool. Thus, creating an environment that brings the best out in our swimmers, and brings success to the Pukekohe Swimming Club.

ENROLMENT and MEMBERSHIP PROCESS

Franklin Pool & Leisure (Belgravia) are our training provider. All swimmers are assessed by our head coach and enrolled into a suitable swim squad through the Belgravia Swim Squads. To arrange an assessment, please contact the PSC President by email pscpresident1@gmail.com

SWIM SQUAD TRAINING FEES:

Swim squad fees are charged by Belgravia Leisure (the training provider) and payable by direct debit, weekly in advance. Fees vary across the different squad levels. Please contact Belgravia's Swim School Coordinator about these fees. Telephone 09-238-5240.

PUKEKOHE SWIMMING CLUB MEMBERSHIP:

You can join at any time of the year. To be a member of Pukekohe Swimming Club, swimmers have two options:

- 1. **Club Swimmer** Register with PSC and Swimming NZ as a Club Swimmer to participate in Club Nights and Inter-Club Meets. Club Swimmers are <u>unable</u> to compete at Regional or National meets.
- 2. **Competitive Swimmer** Register with PSC and Swimming NZ to participate in Club Nights, Inter Club Meets and any Regional and National meets the swimmer qualifies for.

Note: PSC Swimmers in the Regional Development squad through to Senior/HP Squads must be registered as Competitive Swimmers.

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PSC MEMBERSHIP FEE:

To be a member of Pukekohe Swimming Club, you must be registered annually with Pukekohe Swimming Club whether you are a Club or Competitive Swimmer.

The PSC membership fee is \$140.00, invoiced annually.

The PSC membership period is from 01 July to 30 June each year.

The PSC membership fee helps us to pay for club nights, swim clinics, club relays, incentive prizes, committee administration, insurances and purchasing medals and ribbons, among other expenses.

Please complete the PSC membership form found on our website under membership and send through to pscpresident@gmail.com.

SWIMMING NEW ZEALAND REGISTRATION FEES:

All club or competitive swimmers must be registered annually with Swimming New Zealand (SNZ) to enable them to enter competitions.

- \$60.00 Club Swimmer
- \$103.00 Competitive Swimmer

The SNZ Registration period is from 01 July to 30 June each year and is paid via Fastlane on the SNZ website.

There is a link to further information on SNZ fees on our website membership page.

There is also a regional affiliation fee to Swimming Waikato which is payable annually and included with your SNZ registration fee. Please complete the SNZ membership form found on our website under membership and send through to pscpresident@gmail.com.

Please note: a copy of a birth certificate or passport is required for verification of member application.

WHO RUNS PUKEKOHE SWIMMING CLUB

PSC is run by a committee of parents who meet once a month to help organize competitions, meet entries, swim trips, fundraising, club nights, officials and are also responsible for the administration and finances of the club.

Without the committee, the Club could not function.

The parents on the committee are wonderful people who make our Club one of the best in the region. As with all committees, not everyone is on for life so new blood and new ideas are always welcome.

Our Club also relies on the support of Volunteers. If you would like to help out at the club, but do not necessarily want to be a committee member, please contact our President - pcpresident1@gmail.com. Your help will be gratefully received.

CLUB NIGHTS / TARGET MEETS

Club Nights are run approx. 8 times per year at the Franklin Pool and Leisure Centre as well as Club Champs in the summer. Club Nights are a good way for new swimmers to get the feel for competitive competitions. As a member of Pukekohe Swimming Club, you are expected to attend club targeted meets that you have qualified for. These can be found on our website under Club Nights/Target Meets.

CLUB APPAREL / TEAM UNIFORM

PSC has a uniform that all Competitive swimmers wear. The black/yellow club shirt and black shorts are worn at meets to identify members of our Club. Swimmers must also wear a PSC swim cap when racing.

New club swimmers do not have to purchase a shirt until they begin competing at meets other than club nights. Please visit our website for our apparel size chart and order form.

Please contact us if you have any questions.

Our website has extensive information along with our club policies, timetable and almost everything swimming.

We would love for your Swimmer to join our Club!

Kind regards

PSC COMMITTEE

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	ocuments required (available from our website) to apply for membership:
	PSC Membership Form
0	SNZ Membership Form
0	Copy of Birth Certificate or Passport
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