

Saturday with RUN TIMARU:

8am from West End Park, Wai-iti Road, Timaru (meet near Kiwi Drive). Easy runs approximately 1 hour and from this venue every Saturday. Runs for each Saturday advertised on the members forum.

Mondays with RUN TIMARU

6:30pm Temuka social run from the Domain in Temuka

Tuesday with RUN TIMARU

6pm easy runs from Frontrunner Timaru. Runs for each Tuesday advertised on Frontrunner Facebook group page 'Frontrunner Run Timaru Run Club' plus on the club members forum.

Thursdays with RUN TIMARU

6pm coaching/training sessions – venue advertised on Facebook and in newsletter

NB: Out-of-town or events of interest in italics.

APRIL	
Sun 11	<i>Christchurch Marathon/events, including NZ & Canterbury Marathon Champs</i>
Fri 16	Meet & Greet 5:30pm Frontrunner Timaru
Sat 17	<i>Mountain Running Champs</i>
Sun 18	<i>Whitehorse Big Easy - Waimate</i>
Sun 25	<i>Hagley Memorial Relay</i>
MAY	
Sat 1	<i>Southern Lakes Half Marathon - Wanaka</i>
Sun 2	Watchless Run 1:30pm, hosted by Barbara & Tony Gilchrist, Timaru
Sat 8	<i>Rotorua Marathon incorporating NZ Masters Marathon Champs</i>
Sat 8	<i>St Clair Vineyard Half Marathon</i>
Sat 8	<i>Sth Is Ultra Marathon – West Coast</i>
Thu 13	<i>Canterbury Secondary Schools Road Champs</i>
Sat 15	<i>Hawkes Bay Marathon</i>
Sun 16	1:30pm Road Champs - Waimate
JUNE	
Tue 1	<i>Canterbury SS Cross Country Champs</i>
Sat 12	1:30pm Norrie Cup – Tinwald Domain
Sat 19	1:30pm Jim Jolly club run, Geraldine
Sun 27	<i>Wellington Marathon</i>
JULY	
Sat 3	<i>Gold Coast Marathon</i>
Sun 4	Squire Cup
Sat 10	<i>Kennett Cup, Ascot Park, CHCH</i>
Sat 17	Club Cross Country, Temuka
Sat 24	<i>Canterbury Cross Country Champs Halswell Quarry, CHCH</i>
Sat 24	<i>Mackenzie Half Marathon</i>
AUGUST	
Sun 1	<i>Lake Hood Half Marathon & events</i>
Sat 7	<i>NZ Cross Country Champs, Dunedin</i>

Sat 14	1:30pm Club Road Champs Pleasant Point
Sat 21	<i>Canterbury Road Champs, CHCH</i>
SEPTEMBER	
Sun 5	<i>NZ Road Champs, Mystery Creek</i>
Sat 11	<i>Race Tekapo</i>
Sun 12	<i>Dunedin Marathon</i>
Sun 19	1:30pm Back to Back Relay hosted by Andrea & David Wreford, Hadlow, Timaru
Sun 19	<i>NZ Half Marathon Champs, Cambridge</i>
OCTOBER	
Sat 2	<i>Takahe to Akaroa NZ Road Relay</i>
Sat 2	<i>Mt Cook Marathon, Half Marathon</i>
Sun 10	<i>Invercargill Marathon</i>
Fri 8	<i>The Coastal 5km dash – Timaru (6pm)</i>
Sat 9	<i>The Coastal 10km/Half marathon – Timaru</i>
Sun 17	<i>Crater Rim Trail Run incorporating NZ Trail Running Champs</i>
Sun 31	<i>Auckland Marathon</i>
NOVEMBER	
Sat 20	<i>Queenstown Marathon</i>
Tue 9, 16, 23, 30	6:30pm 3km Series, Caroline Bay Soundshell
DECEMBER	
Tue 7	6:30pm 3km Series, Caroline Bay Soundshell
JANUARY 2022	
Tue 25	6:30pm 5km Series Caroline Bay Soundshell
FEBRUARY 2022	
Tue 1, 8, 15, 22	6:30pm 5km Series Caroline Bay Soundshell
Sat 12	<i>Buller Marathon</i>
MARCH 2022	
Sun 6	<i>Hadlow to Harbour (date TBC)</i>

CONTACTS:

Ange Wreford

Email: secretary@runtimaru.co.nz

Paul Forbes

Email: pauliforbes@gmail.com

SUBSCRIPTIONS 2021:

Registered Runners (Athletics NZ)..... \$122.00

Social Runners \$72.00

Registered Runners 18/19 years \$97.00

Walkers/Volunteers.....No Cost

Students (Primary/High School) Free Club

Membership with ANZ & Canterbury fees
applying.

To register with Run Timaru go to: [Membership Portal](#)

Registrations must be completed online.

ATHLETICS NZ MEMBERSHIP BENEFITS: Athletics NZ offer members discounts in several areas with more under negotiation. These include accommodation (Choice Hotels up to 15%, Millennium Hotels 20%), travel (Bluebridge Ferries 10%), Rental cars (Hertz 15%), events (Rotorua Marathon \$15 off), magazines ('Run 4 Your Life' free 12mth subscription). See Athletics NZ website under 'Member Benefits'. www.athletics.org.nz



2021
RUN TIMARU
Programme

www.runtimaru.co.nz

Visit us on our Facebook page



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