

Volleyball Southland

Drug, Alcohol and Tobacco Policy

Policy Statement:

This policy sets out the requirements of the board of Volleyball Southland in regards to the use of / consumption of Drugs, Alcohol and Tobacco in respect of any Player, Referee, Manager, Coach and Staff representing Volleyball Southland.

Scope:

This policy is applicable to all participants representing Volleyball Southland.

Policy Application:

Drug and Alcohol

Volleyball Southland has responsibility to carry out our duties as efficiently and safely as possible. As part of the board of Volleyball Southland in respect of Alcohol, Drugs and Tobacco has applied a set of rules. These rules apply to Employees, Players, Referees, Coaches, Managers and Volunteers:

- You must not take illegal drugs or consume alcohol or any other substance that reduces your ability to perform your duties.
- No Alcohol may be consumed on Volleyball Southland premises, except when approved by the board of Volleyball Southland.
- Volleyball Southland maintains an alcohol ban for all representative Players, Referees, Coaches, Managers, Volunteers and Staff for the duration of any tour, events and tournament where you represent Volleyball Southland in any capacity.
- If you are taking prescription drugs that have the potential to impair your performance, you should advise your Manager. This will help make sure that any side-effects or complications that may occur can be dealt with promptly and safely.
- Players, Referees, Coaches, Managers, Volunteers and Staff will NOT smoke whilst in Volleyball Southland uniform or clothing.

Volleyball Southland adheres to the Sport NZ Anti-Doping Rule 2009 as summarised:

- The presence of a prohibited substance or its metabolites or markers in an athlete's sample.
- The use or attempted use by an athlete of a prohibited substance or method.
- Evading testing or refusing to provide a sample for drug testing.
- Failing to provide accurate and up-to-date whereabouts information or missing a test.
- Tampering or attempting to tamper with any part of the doping control process.
- Possessing prohibited substances or methods.
- Trafficking or attempting to traffic any prohibited substance or method.
- Administering or attempting to administer a prohibited substance or method to an athlete.
- Covering up an anti-doping rule violation.
- An athlete associating with someone, such as a coach or medical professional, who has been found guilty of an anti-doping rule violation or equivalent.

Any breach of the provisions of these rules, will be dealt with by Touch Southland by way of a disciplinary hearing.

Volleyball Southland Workplaces are smoke free:

Volleyball Southland Smoke-Free Policy is in accordance with the provisions of the Smoke-Free Environments Act 1990. Volleyball Southland is committed to this Policy because:

- Tobacco smoke contains harmful chemicals which are significantly damaging to the health of individuals when inhaled.
- Volleyball Southland employees and visitors to our premises are entitled to enter a smoke-free environment.

Therefore all Volleyball Southland workplaces are smoke-free.

No smoking in Volleyball Southland Vehicles

The Smoke-Free Environments Act 1990 states that vehicles provided by the employer are considered a place of work. Therefore it is a requirement that all Volleyball Southland owned or leased vehicles are smoke-free.

No Smoking outside Volleyball Southland premises

Smoking is not permitted anywhere on or directly outside a Volleyball Southland premises, unless a designated area has been assigned by the property owner. This is to maintain the health and safety of both Volleyball Southland employees and visitors to Volleyball Southland premises, and to ensure that Volleyball Southland presents a professional image to members of the public.

Employees who choose to smoke during their usual rest breaks and meal breaks may do so away from Volleyball Southland workplace premises (or in a designated area if available).

Smoking Cessation Programmes

Smoking cessation programmes are available through public health providers. Further information and advice is available via Quit line on 0800-778-778.