



## November Club & Novice Competition

Results 17/11/18

### Women

| Name               | Class | Member Status | Body Weight | Squat |      |       |              | Bench Press |      |      |             | Deadlift |       |       |              | Total        | Wilks Score | Class Placing | Overall Placing |
|--------------------|-------|---------------|-------------|-------|------|-------|--------------|-------------|------|------|-------------|----------|-------|-------|--------------|--------------|-------------|---------------|-----------------|
|                    |       |               |             | 1     | 2    | 3     | Best         | 1           | 2    | 3    | Best        | 1        | 2     | 3     | Best         |              |             |               |                 |
| Brooke MacKenzie   | 52 J  | Novice        | 52.0        | 57.5  | 62.5 | 62.5  | <b>57.5</b>  | 37.5        | 40   | 45   | <b>45</b>   | 82.5     | 87.5  | 92.5  | <b>92.5</b>  | <b>195</b>   | 243.09      | 1st           | 9th             |
| Megan Jeffery      | 57 O  | Registered    | 55.9        | 87.5  | 95   | 100   | <b>100</b>   | 60          | 65   | 65   | <b>65</b>   | 110      | 115   | 120   | <b>120</b>   | <b>285</b>   | 335.80      | 1st           | 4th             |
| Lisa Wong          | 57 O  | Novice        | 55.2        | 75    | 85   | 95    | <b>85</b>    | 45          | 50   | 55   | <b>55</b>   | 100      | 105   | 105   | <b>100</b>   | <b>240</b>   | 285.59      | 2nd           | 6th             |
| Lesley Munro       | 57 M2 | Novice        | 56.0        | 45    | 47.5 | 50    | <b>50</b>    | 35          | 37.5 | 40   | <b>37.5</b> | 75       | 80    | 85    | <b>85</b>    | <b>172.5</b> | 202.96      | 1st           | 11th            |
| Kara Brash         | 63 O  | Registered    | 59.6        | 55    | 55   | 57.5  | <b>57.5</b>  | 50          | 50   | 57.5 | <b>50</b>   | 82.5     | 95    | 100   | <b>100</b>   | <b>207.5</b> | 232.54      | 1st           | 10th            |
| Juliana Picoli     | 72 O  | Registered    | 63.3        | 120   | 130  | 140   | <b>130</b>   | 57.5        | 60   | 62.5 | <b>62.5</b> | 130      | 145   | 157.5 | <b>157.5</b> | <b>350</b>   | 374.54      | 1st           | 1st             |
| Liz Girvan         | 72 M1 | Registered    | 70.4        | 115   | 120  | 125   | <b>125</b>   | 80          | 85   | 90   | <b>85</b>   | 145      | 150   | 155   | <b>155</b>   | <b>365</b>   | 361.70      | 1st           | 2nd             |
| Stacey Johnsen     | 84 O  | Registered    | 83.4        | 125   | 135  | 142.5 | <b>142.5</b> | 72.5        | 77.5 | 82.5 | <b>77.5</b> | 162.5    | 175   | 180   | <b>180</b>   | <b>400</b>   | 357.99      | 1st           | 3rd             |
| Ashleigh Aberahama | 84 O  | Novice        | 79.4        | 120   | 125  | 135   | <b>135</b>   | 60          | 67.5 | 72.5 | <b>67.5</b> | 122.5    | 140   | 150   | <b>140</b>   | <b>342.5</b> | 314.72      | 2nd           | 5th             |
| Tania McEwan       | 84 O  | Novice        | 79.4        | 95    | 105  | 107.5 | <b>107.5</b> | 65          | 70   | 72.5 | <b>72.5</b> | 110      | 120   | 130   | <b>130</b>   | <b>310</b>   | 284.85      | 3rd           | 7th             |
| Tracy Chipping     | 84 M2 | Registered    | 81.5        | 92.5  | 97.5 | 102.5 | <b>102.5</b> | 52.5        | 57.5 | 60   | <b>60</b>   | 115      | 122.5 | 130   | <b>122.5</b> | <b>285</b>   | 258.15      | 1st           | 8th             |

### Men

| Name                | Class  | Member Status | Body Weight | Squat |       |       |              | Bench Press |       |       |              | Deadlift |       |       |              | Total        | Wilks Score | Class Placing | Overall Placing |
|---------------------|--------|---------------|-------------|-------|-------|-------|--------------|-------------|-------|-------|--------------|----------|-------|-------|--------------|--------------|-------------|---------------|-----------------|
|                     |        |               |             | 1     | 2     | 3     | Best         | 1           | 2     | 3     | Best         | 1        | 2     | 3     | Best         |              |             |               |                 |
| Ryan Stewart        | 59 O   | Registered    | 58.0        | 85    | 95    | 95    | <b>85</b>    | 67.5        | 72.5  | 75    | <b>75</b>    | 137.5    | 140   | 140   | <b>140</b>   | <b>300</b>   | 264.05      | 1st           | 10th            |
| Jack Bredenbeck     | 74 SJ  | Novice        | 74.0        | 100   | 102.5 | 107.5 | <b>102.5</b> | 50          | 55    | 60    | <b>60</b>    | 120      | 125   | 130   | <b>130</b>   | <b>292.5</b> | 210.40      | 1st           | 14th            |
| Dylan Lewis         | 74 O   | Registered    | 70.4        | 177.5 | 190   | 200   | <b>190</b>   | 105         | 110   | 115   | <b>115</b>   | 220      | 235   | 243   | <b>235</b>   | <b>540</b>   | 402.92      | 1st           | 2nd             |
| Matt Cloughley      | 74 M1  | Registered    | 71.4        | 135   | 140   | 145   | <b>145</b>   | 80          | 85    | 87.5  | <b>85</b>    | 180      | 190   | 195   | <b>180</b>   | <b>410</b>   | 302.69      | 1st           | 8th             |
| Bradley Caffell     | 83 J   | Registered    | 80.8        | 120   | 122.5 | 125   | <b>125</b>   | 77.5        | 82.5  | 90    | <b>82.5</b>  | 140      | 150   | 160   | <b>160</b>   | <b>367.5</b> | 249.34      | 1st           | 12th            |
| Ryan Doherty        | 83 J   | Registered    | 82.1        | 90    | 100   | 100   | <b>100</b>   | 67.5        | 77.5  | 80    | <b>80</b>    | 100      | 117.5 | 125   | <b>125</b>   | <b>305</b>   | 204.92      | 2nd           | 16th            |
| Adam Thompson       | 83 O   | Registered    | 81.7        | 162.5 | 170   | 175   | <b>170</b>   | 102.5       | 117.5 | 120   | <b>117.5</b> | 215      | 230   | 235   | <b>235</b>   | <b>522.5</b> | 352.09      | 1st           | 4th             |
| William Kingipotiki | 83 O   | Registered    | 76.9        | 162.5 | 172.5 | 175   | <b>172.5</b> | 112.5       | 120   | 125   | <b>125</b>   | 200      | 210   | 217.5 | <b>217.5</b> | <b>515</b>   | 360.75      | 2nd           | 3rd             |
| Neil Andrews        | 83 M2  | Registered    | 82.9        | 165   | 172.5 | 180   | <b>180</b>   | 97.5        | 102.5 | 107.5 | <b>102.5</b> | 202.5    | 212.5 | 225   | <b>225</b>   | <b>507.5</b> | 339.00      | 1st           | 5th             |
| Taane Whetu         | 93 J   | Registered    | 93.0        | 155   | 165   | 165   | <b>165</b>   | 110         | 117.5 | 117.5 | <b>110</b>   | 215      | 225   | 235   | <b>235</b>   | <b>510</b>   | 320.38      | 1st           | 6th             |
| Pat Taylor          | 93 O   | Novice        | 89.1        | 125   | 135   | 145   | <b>145</b>   | 95          | 102.5 | 110   | <b>110</b>   | 180      | 190   | 207.5 | <b>207.5</b> | <b>462.5</b> | 296.79      | 1st           | 9th             |
| Jodhvir Singh       | 93 O   | Registered    | 92.9        | 110   | 120   | 120   | <b>120</b>   | 100         | 105   | 110   | <b>110</b>   | 150      | 160   | 170   | <b>160</b>   | <b>390</b>   | 245.12      | 2nd           | 13th            |
| Charles Ruffell     | 93 O   | Registered    | 86.0        | 120   | 130   | 137.5 | <b>137.5</b> | 70          | 77.5  | 85    | <b>77.5</b>  | 170      | 175   | 175   | <b>170</b>   | <b>385</b>   | 251.80      | 3rd           | 11th            |
| Daniel Rietveld     | 93 O   | Registered    | 91.9        | 55    | 60    | 65    | <b>65</b>    | 60          | 62.5  | 67.5  | <b>62.5</b>  | 140      | 150   | 160   | <b>150</b>   | <b>277.5</b> | 175.32      | 4th           | 17th            |
| Karini Wallace      | 105 M1 | Novice        | 95.4        | 80    | 90    | 100   | <b>100</b>   | 70          | 80    | 90    | <b>90</b>    | 115      | 130   | 145   | <b>145</b>   | <b>335</b>   | 207.99      | 1st           | 15th            |
| Phil Welsh          | 120 O  | Registered    | 114.5       | 220   | 230   | 240   | <b>240</b>   | 180         | 185   | 190   | <b>185</b>   | 270      | 280   | 290   | <b>290</b>   | <b>715</b>   | 415.94      | 1st           | 1st             |
| Kyle McCrorie       | 120 O  | Novice        | 115.3       | 172.5 | 185   | 195   | <b>195</b>   | 112.5       | 120   | 125   | <b>120</b>   | 200      | 210   | 220   | <b>220</b>   | <b>535</b>   | 310.65      | 2nd           | 7th             |